

MARATHON DINNER (m) est. 1984

Marathon serves thoughtful, wholesome, and affordable food. Our food is made from scratch every day. We use cage-free eggs As well as sourcing the finest and freshest ingredients available.

SPECIAL THANKS TO ALL INDEPENDENT FARMERS AND VENDORS IN OUR AREA WHO MAKE IT POSSIBLE FOR US TO PROVIDE FRESH LOCAL FOOD FOR OUR NEIGHBORHOOD.

{SOUPS}

SALLY'S CHICKEN MATZOH BALL best of philly 9.5

CHICKEN NOODLE 7. / 8.

SEASONAL SOUP 7.5 / 8.5 SOUP OF THE DAY 7.5 / 8.5

{STARTERS}

CRISPY CALAMARI jalapeño, cilantro, spicy aioli 14.5

HUMMUS PLATE pita, feta cheese, kalamata olives, pickled vegetables 13.5 [©]

ELIJAH'S BAKED MAC & CHEESE herbs, panko bread crumbs 13.5

CHICKEN FINGERS w. whole grain honey mustard 13.5

PAN-SEARED POTATO CHEESE PIEROGIES caramelized onions,

lemon chive sour cream I4 5 V

GRILLED CHICKEN MARGHERITA FLAT BREAD 13.5

marinara, fresh mozzarella, basil oil, arugula, parmigiano-reggiano

{SANDWICHES}

served with hand-cut fries or caesar salad

MARATHON BURGER custom blend of sirloin, short rib, and chuck

vermont cheddar, caramelized onions, applewood smoked bacon, marathon bbq sauce, lettuce, tomato, country bun 18.5

SHERYL'S SALMON BURGER swiss, spinach, remoulade, tomato, country bun 18.

TURKEY & GRAIN BURGER applewood smoked bacon, cheddar,

apple slaw, apple mostarda, on country bun 17.

BLACKENED CHICKEN PRESS

provolone, pickles, oven-dried tomatoes, rosemary aioli, lettuce, on ciabatta 17.

PHILLY CHEESESTEAK provolone, caramelized onions, roasted peppers 16.

TURKEY CLUB house-roasted turkey, swiss, bacon, basil aioli, lettuce, tomato, toasted sourdough 17.

CRISPY BUFFALO CHICKEN SANDWICH

frank's redhot®, blue cheese carrot celery slaw, ciabatta 17.5

ALBACORE TUNA SALAD WRAP provolone, lettuce tomato 15.5

 $\textbf{ROASTED CHICKEN SALAD WRAP} \ \text{provolone, avocado, lettuce, tomato } 15.^{5}$

{BREAKFAST ALL DAY} all eggs cage-free

OMELETTE & SALAD

cage-free eggs, bacon, tomato, cheddar

w. field greens salad, balsamic vinaigrette, whole wheat toast 18.

VEGGIE BREAKFAST WRAP scrambled eggs, cheddar jack, caramelized onions, roasted peppers, green peppers, chopped tomatoes, mushroom, spinach 16.

PANCAKES & BACON 18. add banana I. add cookie dough I.

{SALADS}

GRILLED CHICKEN COBB

crisp greens, avocado, blue cheese crumbles, tomato, bacon, hard-boiled egg, blue cheese dressing 17.

MOROCCAN SALMON SALAD

crisp greens, marinated couscous, cucumber, cranberries, pumpkin seeds, almonds, lemon vinaigrette 19.

CRISPY CHICKEN & SESAME SALAD

field greens, napa cabbage, cucumber, carrot, radish, sesame seeds, crispy wontons, almonds, citrus sesame vinaigrette 17.

GREEK SALAD cucumber, feta, tomato, shaved red onion, kalamata olives, over crisp greens, lemon vinaigrette 15. $^{\odot}$ $^{\odot}$ add chicken 4.5 add shrimp 7.5

MARATHON CLASSIC CAESAR 15.5 ①

add blackened chicken $4.^5$ add shrimp $7.^5$ add salmon $7.^5$ add calamari $5.^5$

BLACKENED SHRIMP ARUGULA SALAD

avocado, cherry tomatoes, mushrooms, red onion, shaved parmesan, lemon vinaigrette 19. •

{PLATES}

GRILLED SALMON

whole grain honey mustard, mashed potatoes, asparagus 25.5 ©

GRILLED SOY GINGER SALMON roasted vegetables, warm couscous 25.5

 $\textbf{POMEGRANATE BBQ BABY BACK RIBS} \ \ \text{cole slaw, sweet potato fries } 23.^5$

CRISPY CHICKEN PARM marinara, mozzarella, parmigiano-reggiano, fresh basil chiffonade, over capellini pasta 23.⁵

SHRIMP TACOS blackened shrimp, salsa verde, pico de gallo, fresh avocado, cilantro 20.

I8hr BEEF BRISKET mashed potatoes, honey roasted carrots, pearl onions, crispy shallots 24

VEGETABLE CAPELLINI spinach, cremini mushrooms, tomato, asparagus, parmigiano-reggiano, fresh basil, extra virgin olive oil 18. $^{\circ}$ add herb marinated chicken 4.5 add grilled shrimp 7.5

BLACKENED CHICKEN QUESADILLA cheddar jack, caramelized onions, roasted peppers, corn, flour tortillas, w. sour cream and fire-roasted salsa 18.

 ${\bf HOT\,ROASTED\,TURKEY\,PLATE}\,$ house-roasted turkey, mashed potatoes, broccoli, cranberry compote, turkey gravy $\,20.^{\rm 5}$

SHRIMP RISOTTO asparagus leek risotto, citrus herb vinaigrette 22.5 ^G

JAMBALAYA andouille sausage, chicken, shrimp, over basmati rice 22.

BLACKENED CHICKEN TORTELLINI blush sauce, roasted peppers, spinach, parmigiano-reggiano 21.5

PASTA BOLOGNESE hearty meat sauce, with beef veal & pork, shaved parmigiano-reggiano, over pappardelle pasta 22.

CHICKEN MARSALA

mashed potatoes, spinach 24.

{ SIDES } HAND-CUT FRIES SWEET POTATO FRIES MASHED POTATOES COUSCOUS BROCCOLI SPINACH ASPARAGUS 8. each

CATERING 215-561-0500

16TH & SANSOM 215-569-3278

19TH & SPRUCE 215-731-0800

G = gluten-free

U = vegetarian

order online lpha t eatmarathon.com



SERVING THE NEIGHBORHOOD

{CONTROL FREAK SALAD}

choose from sections below starting at 14.5

GREENS

choose one

crisp greens baby spinach romaine hearts field greens arugula

TOPPINGS

three included extras .75 each

grilled asparagus carrot corn mushroom couscous cucumber radish garbanzo beans grilled red onion shaved red onion tomato oven-dried tomatoes grilled zucchini hard-boiled egg almonds kalamata olives applewood bacon dried cranberries

CHEESES

one included extras .75 each

bleu cheese crumbles goat cheese greek feta grated parmesan cheddar jack fresh mozzarella

HEARTY EXTRAS

that's the best part!

herb-marinated chicken 4.5 blackened chicken 4.5 crispy chicken 7. crispy calamari 5.5 grilled salmon 7.5 grilled shrimp 6.5 salmon cake 7. house-roasted turkey 5.5 tuna salad 5. chicken salad 6 hummus 5 avocado 4

DRESSINGS

choose o

thousand island balsamic vinaigrette lemon vinaigrette blue cheese caesar citrus sesame

FREEBIES

free free free

crispy wontons parmesan croutons mint+parsley+basil sesame seeds pumpkin seeds

{ALL NATURAL SMOOTHIES}

made with low fat frozen yogurt 9.5

GREEN MONSTER spinach, organic apple juice, banana

ORANGE DREAM fresh oj, banana,

PB&B natural creamy peanut butter, banana, honey

STRAWBERRY MANGO low fat milk, banana, sliced almonds

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MOCHA ESPRESSO shot of espresso, chocolate sauce

{SHAKES ETC.}

JUST A SHAKE

vanilla, chocolate, or b&w 7

STRAWBERRY & CREAM

ROOT BEER FLOAT

a&w® root beer, with vanilla ice cream 7.5

COOKIES & CREAM

vanilla, fresh strawberry purée 7.5 oreos, vanilla 7.5

{BEVERAGES}

ELIXER COFFEE 3.5

CAPPUCINO 6.5

LATTE 6.5

MIGHTY LEAF TEA 5.

FRESH-BREWED ICED TEA 3.5

FRESH-SQUEEZED ORANGE JUICE 5.

PELLIGRINO 4.5

SODAS 4.

{MARATHON KIDS MENU}

KIDS CHICKEN MATZOH BALL SOUP 7.5

ELIJAH'S MAC & CHEESE 7.5 add grilled chicken 3.5 add broccoli 1.5

SIMONE'S HUMMUS PLATE w. pita 8.

PEANUT BUTTER & JELLY whole wheat bread, hand-cut fries or fruit salad 6.5

CRISPY CHICKEN FINGERS all white meat chicken, w. fries or fruit salad 9.

NOAH'S CHEESE QUESADILLA hand-cut fries or fruit salad 7.5

 $\textbf{GRILLED CHICKEN PARM} \ \, \text{w. marinara, mozzarella, over capellini pasta} \ \, 10.5$

AYA'S CAVATAPPI PASTA w. marinara *or* bolognese sauce, parmigiano-reggiano 8.

THANKSGIVING DINNER

free range turkey, mashed potatoes, broccoli, turkey gravy $\,10.5\,$

SONIA'S CHEESE TORTELLINI w. blush sauce 9.

SILVER DOLLAR PANCAKES &

BACON 9.5 add bananas, strawberries or chocolate chips I.

MARATHON FRISH

As a family owned and operated restaurant, we take pride in the comfort food that we serve. We are a restaurant model crafted upon a philosophy our management team takes pride in. A philosophy founded upon warm and personable hospitality, while at the same time, introducing guests to our city's local purveyors. Marathon Grill opened 40 years ago to serve the neighborhood, not only as a place to dine and drink, but also to offer the farm-fresh lifestyle.

We promise you will enjoy your meal!

