



Marathon serves thoughtful, wholesome, and affordable food. Our food is made from scratch every day. We use cage-free eggs. As well as sourcing the finest and freshest ingredients available.

**SPECIAL THANKS TO ALL INDEPENDENT FARMERS AND VENDORS IN OUR AREA WHO MAKE IT POSSIBLE FOR US TO PROVIDE FRESH LOCAL FOOD FOR OUR NEIGHBORHOOD.**

# MARATHON DINNER

est. 1984

## {SOUPS}

**SALLY'S CHICKEN MATZOH BALL** *best of Philly* 10.<sup>5</sup>

**CHICKEN NOODLE** 8. / 9.

**VEGETARIAN CHILI** sour cream, cheddar jack, cilantro 10 / 11  

**SEASONAL SOUP** 8.<sup>5</sup> / 9.<sup>5</sup> **SOUP OF THE DAY** 8.<sup>5</sup> / 9.<sup>5</sup>

## {STARTERS}

**CRISPY CALAMARI** jalapeño, cilantro, spicy aioli 16.<sup>5</sup>

**HUMMUS PLATE** pita, feta cheese, kalamata olives, pickled vegetables 15.<sup>5</sup> 

**ELIJAH'S BAKED MAC & CHEESE** herbs, panko bread crumbs 14. 

**CHICKEN FINGERS** w. whole grain honey mustard 14.<sup>5</sup>

**PAN-SEARED POTATO CHEESE PIEROGIES** caramelized onions, lemon chive sour cream 15 <sup>5</sup> 

**GRILLED CHICKEN MARGHERITA FLAT BREAD** 14.<sup>5</sup>  
marinara, fresh mozzarella, basil oil, arugula, parmigiano-reggiano

## {SANDWICHES}

*served with hand-cut fries or caesar salad*

**MARATHON BURGER** *custom blend of sirloin, short rib, and chuck*  
vermont cheddar, caramelized onions, applewood smoked bacon, marathon bbq sauce, lettuce, tomato, country bun 20.<sup>5</sup>

**SHERYL'S SALMON BURGER** swiss, spinach, remoulade, tomato, country bun 19.<sup>5</sup>

**TURKEY & GRAIN BURGER** applewood smoked bacon, cheddar, apple slaw, apple mostarda, on country bun 19.<sup>5</sup>

**RIB-EYE PHILLY CHEESESTEAK** provolone, caramelized onions, roasted peppers 20.

**BLACKENED CHICKEN PRESS**  
provolone, pickles, oven-dried tomatoes, rosemary aioli, lettuce, on ciabatta 18.<sup>5</sup>

**TURKEY CLUB** house-roasted turkey, swiss, bacon, basil aioli, lettuce, tomato, toasted sourdough 18.<sup>5</sup>

**CRISPY BUFFALO CHICKEN SANDWICH**  
frank's redhot®, blue cheese carrot celery slaw, ciabatta 18.<sup>5</sup>

**ALBACORE TUNA SALAD WRAP** provolone, lettuce tomato 16.<sup>5</sup>

**ROASTED CHICKEN SALAD WRAP** provolone, avocado, lettuce, tomato 16.<sup>5</sup>

## {BREAKFAST ALL DAY} *all eggs cage-free*

**OMELETTE & SALAD**  
cage-free eggs, bacon, tomato, cheddar  
w. field greens salad, balsamic vinaigrette, whole wheat toast 18.

**VEGGIE BREAKFAST WRAP** scrambled eggs, cheddar jack, caramelized onions, roasted peppers, green peppers, chopped tomatoes, mushroom, spinach 16.<sup>5</sup>

**PANCAKES & BACON** 18. add banana 1. add cookie dough 1.

## {SALADS}

**GRILLED CHICKEN COBB**

crisp greens, avocado, blue cheese crumbles, tomato, bacon, hard-boiled egg, blue cheese dressing 18.<sup>5</sup>

**MOROCCAN SALMON SALAD**

crisp greens, marinated couscous, cucumber, cranberries, roasted almonds, lemon vinaigrette 20.<sup>5</sup>

**CRISPY CHICKEN & SESAME SALAD**

field greens, napa cabbage, cucumber, carrot, radish, sesame seeds, crispy wontons, almonds, citrus sesame vinaigrette 19.

**GREEK SALAD** cucumber, feta, tomato, shaved red onion, kalamata olives, over crisp greens, lemon vinaigrette 17.   add chicken 5.<sup>5</sup> add shrimp 8.<sup>5</sup>

**MARATHON CLASSIC CAESAR** 14.<sup>5</sup> 

add blackened chicken 4.<sup>5</sup> add shrimp 8.<sup>5</sup> add salmon 8.<sup>5</sup> add calamari 7.<sup>5</sup>

**BLACKENED SHRIMP ARUGULA SALAD**

avocado, cherry tomatoes, mushrooms, red onion, shaved parmesan, lemon vinaigrette 20.<sup>5</sup> 

## {PLATES}

**GRILLED SALMON**

whole grain honey mustard, mashed potatoes, asparagus 26.<sup>5</sup> 

**GRILLED SOY GINGER SALMON** roasted vegetables, warm couscous 26.<sup>5</sup>

**POMEGRANATE BBQ BABY BACK RIBS** cole slaw, sweet potato fries 23.<sup>5</sup>

**CRISPY CHICKEN PARM** marinara, mozzarella, parmigiano-reggiano, fresh basil chiffonade, over capellini pasta 24.<sup>5</sup>

**SHRIMP TACOS** blackened shrimp, salsa verde, pico de gallo, fresh avocado, cilantro 21

**18hr BEEF BRISKET** mashed potatoes, honey roasted carrots, pearl onions, crispy shallots 24.<sup>5</sup>

**VEGETABLE CAPELLINI** spinach, cremini mushrooms, tomato, asparagus, parmigiano-reggiano, fresh basil, extra virgin olive oil 19.<sup>5</sup>   
add herb marinated chicken 5.<sup>5</sup> add grilled shrimp 8.<sup>5</sup>

**BLACKENED CHICKEN QUESADILLA** cheddar jack, caramelized onions, roasted peppers, corn, flour tortillas, w. sour cream and fire-roasted salsa 19.

**HOT ROASTED TURKEY PLATE** house-roasted turkey, mashed potatoes, broccoli, cranberry compote, turkey gravy 22.<sup>5</sup>

**SHRIMP RISOTTO** asparagus leek risotto, citrus herb vinaigrette 22.<sup>5</sup> 

**JAMBALAYA** andouille sausage, chicken, shrimp, over basmati rice 23.<sup>5</sup>

**BLACKENED CHICKEN TORTELLINI** blush sauce, roasted peppers, spinach, parmigiano-reggiano 22.<sup>5</sup>

**PASTA BOLOGNESE** hearty meat sauce, with beef veal & pork, shaved parmigiano-reggiano, over pappardelle pasta 23.

**HERB-GRILLED CHICKEN PLATE**

boneless chicken breast, mashed potatoes, corn fricassée, basil oil 22 

**MARATHON  
LARGE PARTY  
RESERVATIONS  
215-561-0500**

**{ SIDES }** HAND-CUT FRIES SWEET POTATO FRIES MASHED POTATOES COUSCOUS BROCCOLI SPINACH ASPARAGUS  
8.5 each

CATERING 215-561-0500

16TH & SANSOM 215-569-3278

19TH & SPRUCE 215-731-0800

 = vegetarian

 = gluten-free

order online at [eatmarathon.com](http://eatmarathon.com)

We must inform our guests that consuming raw or under-cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness.



## SERVING THE NEIGHBORHOOD

### {CONTROL FREAK SALAD}

choose from sections below starting at 15.<sup>5</sup>

#### GREENS

choose one

crisp greens  
baby spinach  
romaine hearts  
field greens  
arugula

#### TOPPINGS

three included  
extras .75 each

grilled asparagus  
carrot  
corn  
mushroom  
couscous  
cucumber  
radish  
garbanzo beans  
grilled red onion  
shaved red onion  
tomato  
oven-dried tomatoes  
grilled zucchini  
hard-boiled egg  
roasted almonds  
kalamata olives  
applewood bacon  
dried cranberries

#### CHEESES

one included  
extras .75 each

bleu cheese crumbles  
goat cheese  
greek feta  
grated parmesan  
cheddar jack  
fresh mozzarella

#### HEARTY EXTRAS

that's the best part!

herb-marinated chicken 5.<sup>5</sup>  
blackened chicken 5.<sup>5</sup>  
crispy chicken 7.  
crispy calamari 7.<sup>5</sup>  
grilled salmon 8.<sup>5</sup>  
grilled shrimp 8.<sup>5</sup>  
salmon cake 8.  
house-roasted turkey 6  
tuna salad 6.  
chicken salad 6  
hummus 5  
avocado 4  
Tofu 5.<sup>5</sup>

#### DRESSINGS

choose one

thousand island  
balsamic vinaigrette  
lemon vinaigrette  
blue cheese  
caesar  
citrus sesame

#### FREEBIES

free free free

crispy wontons  
parmesan croutons  
mint+parsley+basil  
sesame seeds



### {ALL NATURAL SMOOTHIES}

made with low fat frozen yogurt 9.<sup>5</sup>

**GREEN MONSTER** spinach, organic apple juice, banana

**ORANGE DREAM** fresh oj, banana,

**PB&B** natural creamy peanut butter, banana, honey

**STRAWBERRY MANGO** low fat milk, banana, sliced almonds

**MIXED BERRY & HONEY** strawberry, blueberry, honey

**MOCHA ESPRESSO** shot of espresso, chocolate sauce

### {SHAKES ETC.}

#### JUST A SHAKE

vanilla, chocolate, or b&w 7

#### STRAWBERRY & CREAM

vanilla, fresh strawberry purée 7.<sup>5</sup>

#### ROOT BEER FLOAT

a&w® root beer, with vanilla ice cream 7.<sup>5</sup>

#### COOKIES & CREAM

oreos, vanilla 7.<sup>5</sup>

### {BEVERAGES}

ELIXER COFFEE 3.<sup>5</sup>

CAPPUCINO 6.<sup>5</sup>

LATTE 6.<sup>5</sup>

MIGHTY LEAF TEA 5.

FRESH-BREWED ICED TEA 3.<sup>5</sup>

FRESH-SQUEEZED ORANGE JUICE 5.

PELLIGRINO 4.<sup>5</sup>

SODAS 4.

### {MARATHON KIDS MENU}

KIDS CHICKEN MATZOH BALL SOUP 7.<sup>5</sup>

ELIJAH'S MAC & CHEESE 7.<sup>5</sup> add grilled chicken 3.<sup>5</sup> add broccoli 1.<sup>5</sup>

SIMONE'S HUMMUS PLATE w. pita 8.

PEANUT BUTTER & JELLY whole wheat bread, hand-cut fries or fruit salad 6.<sup>5</sup>

CRISPY CHICKEN FINGERS all white meat chicken, w. fries or fruit salad 10.

NOAH'S CHEESE QUESADILLA hand-cut fries or fruit salad 7.<sup>5</sup>

GRILLED CHICKEN PARM w. marinara, mozzarella, over capellini pasta 10.<sup>5</sup>

AYA'S CAVATAPPI PASTA w. marinara or bolognese sauce, parmigiano-reggiano 8.

#### THANKSGIVING DINNER

free range turkey, mashed potatoes, broccoli, turkey gravy 10.<sup>5</sup>

SONIA'S CHEESE TORTELLINI w. blush sauce 9.

#### SILVER DOLLAR PANCAKES &

BACON 9.<sup>5</sup> add bananas, strawberries or chocolate chips 1.

# MARATHON FRESH

As a family owned and operated restaurant, we take pride in the comfort food that we serve. We are a restaurant model crafted upon a philosophy our management team takes pride in. A philosophy founded upon warm and personable hospitality, while at the same time, introducing guests to our city's local purveyors. Marathon Grill opened 40 years ago to serve the neighborhood, not only as a place to dine and drink, but also to offer the farm-fresh lifestyle.

We promise you will enjoy your meal!



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